



Postural Screen

This picture belongs to the patient of the treatment plan above. Notice the antalgic presentation and guarded posture.

This postural picture is given to each patient with their treatment plan on visit 2. Over the course of treatment we look for postural changes and improvements, with a strong focus on rehabilitation and home exercises.

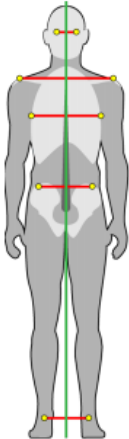




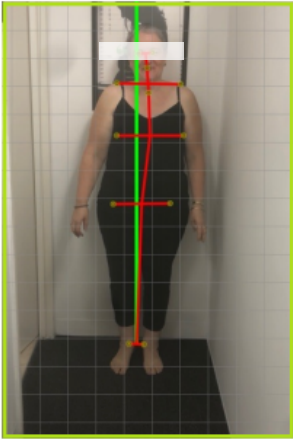
Exam for [REDACTED] performed on 25/2/21

Good posture is simple and eloquent by design in form and function. The body is designed to have the head, rib cage, and pelvis perfectly balanced upon one another in both the front and side views. If the posture is deviated from normal, then the spine is also deviated from the normal healthy position. Unfortunately, abnormal posture has been associated with the development and progression of many spinal conditions and injuries including: increased muscle activity and disc injury, scoliosis, work lifting injuries, sports injuries, back pain, neck pain, headaches, carpal tunnel symptoms, shoulder and ankle injuries as well as many other conditions. Additionally, postural abnormalities in adolescent years have been recognized as one of the sources of pain syndromes and early arthritis in adulthood. Therefore, posture should be checked and corrected in children before more serious problems can occur.

Normal




Your Posture Viewed from the Front

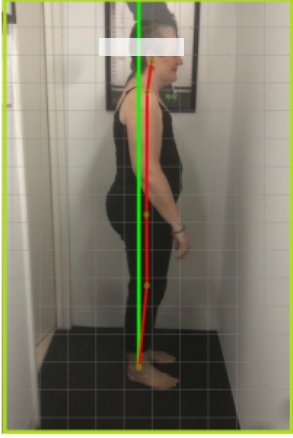


Posture Index® Values: Front View	
Total Shifts	6.60cm
Total Tilts	5.2°

Normal



Your Posture Viewed from the Side



Posture Index® Values: Side View	
Total Shifts	5.02cm
Total Tilts	14.1°

Effective Head Weight

10.2 kg

Your PostureScreen evaluation demonstrates that you have postural abnormalities. In the future, structural deviations could cause you symptoms of pain as well as a myriad of other health problems. Consequently, it is advised that you complete a thorough clinical evaluation with a health care and/or fitness professional trained in postural corrective techniques.

US PATENTS 8,721,567; 9,801,550; 9,788,759; with other Patents Pending Internationally © PostureCo, Inc. www.PostureAnalysis.com